

AA Coaches Responsibilities

Background Checks: Supply the background check committee a list of all your coaches and wait for approval from them before you begin practicing.

Work Party: Each team MUST supply two workers to our field clean up day on March _____

Uniform Sheet: In order to receive your teams' hats you must fill out and turn in your uniform sheet to Scott Grillo. That sheet must also have your team parent and parking coordinator listed.

Kimberton Fair Parking: As part of the agreement to use the Firehouse's field each team is assigned a day to park cars for the Kimberton Fair. Each team must supply one person for that day in late July.

KYAL League Meetings: The 3rd Monday of each month at 8 PM is the Monthly Meeting. All coaches are encouraged to attend but each team MUST send a representative. If you do not attend field practice privileges maybe revoked. These meetings are important to keep everyone up to date on league matters. If you can't send a representative you must notify and board member.

Snackbar: Each team must have a person working the snackbar for each game. Games will not start until both teams have their representative in the snackbar.

Field Maintenance: You must rake and drag your field when no one takes the field after you on any particular day. Be sure to rake away from the grass. This means up and down when doing the area between the mound and home plate. Also, be sure to take the extra time to line the fields correctly for your 5:45 games. Use the rope and make them straight. There are major games after you.

Picture Day: You are expected to notify your team of you time and have them all present 5 minutes before your scheduled time. This is a league fundraiser and each team is expected to participate.

Communication: Please communicate with your parents. Have a parent meeting before you begin practicing. Explain how often you plan on practicing, snackbar duties, picture day, and lay out your expectations.

Tournament Teams: The AA division is responsible for selecting the 8 and 9 year old tournament teams. It is your responsibility as the head coach to notify your players of the 8 and 9 year old tryout date. As the coach, you need to make sure those that tryout from your team are fully committed to the tournament team if they make it. That means no vacation in June or July and understanding that these teams practice almost every day. It is also your job to know the players on the other teams as you will be expected to vote for those that deserve to represent KYAL during tournament play.

Prepare your players for the next level: Teach each player the skills they will need for the next level. Please use the back of this sheet to reference the basic skills KYAL expects taught at the AA level. You can also access the Master Skills Sheet through the KYAL website if you'd like to look at a comprehensive list of skills.

Basic Skills for AA

The following are several basic skills that should be introduced/reinforced at the AA level:

- How to bunt
- Creep steps as the pitcher delivers the ball
- How to perform a rundown
- How to properly be a cutoff man
- Knowledge of backup responsibilities in the IF and OF
- How to throw a fastball and changeup from the stretch and windup
- How to take signs from your coaches as a batter and baserunner
- Infield Fly, Obstruction, and Interference rules
- Palm up; palm down creating a level swing and keeping hands inside the baseball when hitting

The following are several basic skills that should be mastered at the AA level:

- Ready position
- Proper footwork on force plays
- Develop a basic hitting stance
- Head still through the swing with hands in the proper position
- How to field a ground ball right at you and make a throw to the correct base
- Calling for a fly ball in the air knowing the chain of command for fly balls
- Catching with two hands with the glove facing the correct direction on ground balls and fly balls
- Run though 1B on a ground ball in the infield
- Understand the difference between a force play and non-force play as a fielder and runner

Please refer to the Coaches Resources' tab on the KYAL website to see a full list of skills.