

A Coaches Responsibilities

Background Checks: Supply the background check committee a list of all your coaches and wait for approval from them before you begin practicing.

Work Party: Each team MUST supply two workers to our field clean up day on March _____

Uniform Sheet: In order to receive your teams' hats you must fill out and turn in your uniform sheet to Scott Grillo. That sheet must also have your team parent and parking coordinator listed.

Kimberton Fair Parking: As part of the agreement to use the Firehouse's field each team is assigned a day to park cars for the Kimberton Fair. Each team must supply one person for that day in late July.

KYAL League Meetings: The 3rd Monday of each month at 8 PM is the Monthly Meeting. All coaches are encouraged to attend but each team MUST send a representative. If you do not attend field practice privileges maybe revoked. These meetings are important to keep everyone up to date on league matters. If you can't send a representative you must notify and board member.

Snackbar: Each team must have a person working the snackbar for each game. Games will not start until both teams have their representative in the snackbar.

Picture Day: You are expected to notify your team of you time and have them all present 5 minutes before your scheduled time. This is a league fundraiser and each team is expected to participate.

Communication: Please communicate with your parents. Have a parent meeting before you begin practicing. Explain how often you plan on practicing, snackbar duties, picture day, and lay out your expectations.

Prepare your players for the next level: Teach each player the skills they will need for the next level. Please use the back of this sheet to reference the basic skills KYAL expects taught at the AA level. You can also access the Master Skills Sheet through the KYAL website if you'd like to look at a comprehensive list of skills.

Basic Skills for A

The following are several basic skills that should be introduced at the A level:

- Proper grip for throwing a baseball with fingers across the “C”
- Proper throwing mechanics with throwing arm elbow above back shoulder and fingers pointing away from the body and stepping towards the target with the correct foot
- Knowledge of who covers the bases when a ball is hit
- Creep steps as the pitcher delivers the ball
- Calling for fly balls in the air
- Catching with two hands with the glove facing the correct direction on ground balls and fly balls
- Head still through the swing with hands in the proper position
- Picking up your base coaches when running the bases

The following are several basic skills that should be reinforced at the A level:

- Know the names of the positions on the field and where they play
- Know what a cutoff man is
- Ready position
- Proper footwork on force plays
- How to field a ground ball right at you and make a throw to the correct base
- Develop a basic hitting stance
- Run through 1B on a ground ball in the infield
- Understand the difference between a force play and non-force play as a fielder and runner
- Catch with two hands

Please refer to the Coaches Resources’ tab on the KYAL website to see a full list of skills.